

# CIRCUITO-TRILHAS-E-MONTANHAS-REDENAO-DA-SERRA

L&E EVENTOS · domingo, 18 de janeiro de 2026

## Resultados - LONGA

Pos.	Numeral	Nome completo	Clube	Sexo	Tempo	Hora da Chegada
<b>MASC 23/27 (M2327) (9)</b>						
1	1605	GABRIEL RAMOS DA CONCEIÇÃO		M	1:12:10.066	8:50:51.640
2	1462	SERGIO LUIS MOREIRA DOS SANTOS		M	1:14:36.126	8:53:33.438
3	1586	LUAN MARCELO TAIRA GARCIA DE OLIVEIRA		M	1:21:36.217	9:00:30.295
4	1459	RENAN SILVA		M	1:26:09.506	9:05:07.331
5	1468	NATÃ HELIAS SOARES		M	1:33:01.622	9:11:49.091
6	1533	LUCAS MATHEUS ALVES MIQUELOF		M	1:38:19.565	9:17:11.451
7	1630	Guilherme Toledo Fernandes		M	1:39:03.102	9:17:49.431
8	1488	LUCAS RONCONI DE CARVALHO		M	1:46:30.220	9:25:22.329
9	1566	DIRLEY RODRIGO DOS SANTOS JÚNIOR		M	2:08:02.542	9:47:00.806
<b>MASC 28/32 (M2832) (9)</b>						
1	1614	NATANAEL ALCOBAÇA DOS SANTOS		M	1:08:52.535	8:47:39.083
2	1574	WESLEY DOS SANTOS BORGES		M	1:11:28.514	8:50:07.715
3	1611	OELERSON SANT ANA		M	1:14:02.906	8:52:56.637
4	1622	Fernando Albino de Alcantara		M	1:19:40.136	8:58:26.619
5	1451	EDUARDO MACIEL NOGUEIRA		M	1:26:30.868	9:05:26.481
6	1563	JOÃO JUNQUEIRA		M	1:29:55.552	9:08:50.024
7	1607	BRUNO HENRIQUE SEIXAS COUTINHO DOS SANTOS		M	1:37:22.566	9:16:09.017
8	1592	LUCAS ANTONIO		M	1:41:02.633	9:19:53.132
9	1421	ROMÁRIO NASCIMENTO DO CARVALHO		M	1:42:16.863	9:21:04.899
<b>MASC 33/37 (M3337) (14)</b>						
1	1466	MAICON GIOVANE RAMOS		M	1:08:10.668	8:46:51.240
2	1556	THADEU MEDINA		M	1:08:54.797	8:47:37.086
3	1529	ABEL FERNANDES PINHEIRO		M	1:12:26.830	8:51:07.743
4	1571	GUILHERME AUGUSTO DOS SANTOS		M	1:15:24.440	8:54:06.140
5	1583	DOUGLAS FILIPE TELES LEITE		M	1:16:21.380	8:55:10.960
6	1567	RAFAEL GIROTTO		M	1:17:20.110	8:56:04.142
7	1517	DIEGO SANTOS		M	1:18:21.941	8:57:09.052
8	1527	CARLOS IVAN CARDOSO DA SILVA		M	1:19:07.360	8:58:02.635
9	1472	JOAO MARCOS DA SILVA RABELO		M	1:19:26.235	8:58:09.720
10	1501	PAULO AUGUSTO DO PRADO MOREIRA		M	1:19:29.054	8:58:20.517
11	1514	CÁSSIO DALMO		M	1:20:35.646	8:59:31.357
12	1627	Luiz Enrique		M	1:22:47.852	9:01:41.705
13	1593	DERALTY SERPA		M	1:30:12.391	9:09:05.903
14	1579	IGOR FERNANDO TOLEDO DE OLIVEIRA		M	1:32:54.163	9:11:47.951
<b>MASC 38/42 (M3842) (18)</b>						
1	1412	JULIANO SABINO DA SILVA		M	1:10:22.824	8:49:02.268
2	1443	LEANDRO PEREIRA DA SILVA		M	1:10:56.483	8:49:42.320
3	1616	CESAR SOUZA DE AQUINO		M	1:12:19.127	8:50:54.128
4	1565	CLAUDINEI RAMOS SANTOS		M	1:12:48.700	8:51:31.697
5	1422	JOAS XAVIER MACHADO		M	1:15:11.605	8:53:53.232
6	1450	CESAR DE MORAES		M	1:16:07.120	8:54:51.418
7	1420	ADILSON FRANÇA SOUZA		M	1:19:04.835	8:57:53.071
8	1437	ANDRÉ SILVA DE SOUZA		M	1:20:34.943	8:59:20.674
9	1552	ADRIANO GVISDALA		M	1:26:46.410	9:05:35.336
10	1474	JULIO CESAR DOS REIS SILVA		M	1:30:16.070	9:08:58.602
11	1454	JOSÉ LUIS CARDOSO		M	1:31:43.253	9:10:36.795
12	1429	ADILSON SOARES		M	1:35:10.468	9:13:58.881
13	1539	LUIZ FERNANDO DOS SANTOS		M	1:39:28.030	9:18:16.297
14	1561	MARCOS RENATO CARVALHO FERREIRA		M	1:41:06.577	9:20:01.552
15	1558	RAFAEL HIDEO NAKAMURA		M	1:48:50.116	9:27:53.311
16	1513	RAFAEL GUSTAVO CAJÁS NEUMAN		M	2:05:05.173	9:43:58.031
17	1404	HENRIQUE TATSURU LOPES YOKOTE		M	2:27:35.471	10:06:37.866
18	1569	MARLON CELESTINO DA SILVA		M	2:33:17.521	10:12:17.575

Pos.	Numeral	Nome completo	Clube	Sexo	Tempo	Hora da Chegada
<b>MASC 43/47 (M4347) (21)</b>						
1	1588	ROBINSON MATEUS DA SILVA		M	1:08:14.949	8:46:57.980
2	1572	JEOVÁ ARAGÃO DOS SANTOS		M	1:10:05.110	8:48:47.579
3	1460	RODRIGO APARECIDO DE LIMA		M	1:11:38.856	8:50:19.915
4	1524	RENATO SERAFIM		M	1:14:12.737	8:52:55.943
5	1493	GILBERTO FERNANDES DE FARIA		M	1:14:54.152	8:53:38.759
6	1540	DERCIO DOS SANTOS MOREIRA		M	1:15:54.128	8:54:39.343
7	1445	PAULO HENRIQUE DA SILVA		M	1:17:49.692	8:56:30.634
8	1518	SALES ILHÉU ANDRÉ		M	1:18:44.587	8:57:28.893
9	1478	WELLINGTON AUGUSTO DA SILVA		M	1:20:08.841	8:58:56.468
10	1441	LEONARDO DE BRITO		M	1:21:06.144	8:59:41.145
11	1403	CIRO ALEXANDRE GUEDES DA SILVA		M	1:25:14.836	9:03:51.609
12	1587	CLAUDINEI DINIZ DOMINGUES		M	1:25:45.538	9:04:36.495
13	1591	FABRÍCIO MARTINS PINTO		M	1:27:58.420	9:06:47.702
14	1599	EVERTON RIBEIRO DE PAULA		M	1:28:48.710	9:07:40.635
15	1417	VANDER ROBIM DA SILVA		M	1:30:40.691	9:09:21.045
16	1526	EDUARDO FERREIRA		M	1:34:21.224	9:13:13.224
17	1557	LEONARDO HIROSHI NAKAMURA		M	1:48:50.612	9:27:53.644
18	1577	VALDIR APARECIDO ALVES DE TOLEDO		M	1:52:47.455	9:31:44.108
19	1516	RODRIGO MACIEL		M	1:54:46.908	9:33:43.821
20	1519	RAFAEL DA CUNHA PIRES		M	2:27:04.802	10:06:06.862
21	1530	JOSÉ RONALDO VIEIRA DE ALMEIDA JUNIOR		M	2:32:49.325	10:11:50.820
<b>MASC 48/52 (M4852) (12)</b>						
1	1536	FRANCISCO DAS CHAGAS SANTOS DE OLIVEIRA		M	1:11:01.610	8:49:46.080
2	1413	ANDRÉ MORAL		M	1:20:15.893	8:58:59.976
3	1479	LEANDRO DINIZ ABÍLIO		M	1:20:26.703	8:59:13.730
4	1538	ADRIANO FARIAS DE OLIVEIRA		M	1:25:07.635	9:03:51.334
5	1440	RAFAEL SALVADOR GOSTINELLI		M	1:25:18.545	9:04:11.962
6	1568	MICHAEL CONEGUNDES		M	1:25:36.119	9:04:17.695
7	1554	CLEVER KOITI TAKAKURA		M	1:27:46.330	9:06:47.134
8	1590	ANDERSON COSTA		M	1:37:53.567	9:16:44.927
9	1626	Alexandre José da Silva		M	1:38:11.808	9:17:02.580
10	1416	PAULO CÉSAR MIQUELOF		M	1:41:01.175	9:19:36.176
11	1543	EDUARDO SÉRGIO SANTOS BRITO		M	2:02:01.989	9:40:52.597
12	1419	EDERSON MIQUELOF DOS SANTOS		M	2:26:38.078	10:05:36.292
<b>MASC 53/57 (M5357) (12)</b>						
1	1503	CLAÚDIO ROBERTO VALÉRIO		M	1:06:08.501	8:44:49.528
2	1494	JOÃO ANTUNES DE ANDRADE		M	1:21:58.289	9:00:44.533
3	1570	IRINEU PACIFICO DO AMARAL		M	1:24:17.353	9:03:06.473
4	1545	CHANDLER TAHAN		M	1:27:23.900	9:06:15.258
5	1560	JANSEN SALES		M	1:30:53.707	9:09:46.787
6	1525	ANDRÉ ADRIANO AZEVEDO AMORIM		M	1:33:20.702	9:12:04.377
7	1512	MARCELO LEITE		M	1:33:52.301	9:12:34.966
8	1547	ALEXANDRE NOYA RIOS		M	1:35:50.365	9:14:42.820
9	1548	JOSÉ ROBERTO LONGO		M	1:50:42.101	9:29:36.369
10	1461	SANDRO RODRIGUES		M	2:01:23.107	9:40:13.577
11	1541	TIBÉRIO FARIA SCÁRDUA		M	2:01:38.270	9:40:37.104
12	1411	JOÃO ALEXANDRE MOREIRA ZANUCHI		M	2:12:02.179	9:50:59.191
<b>MASC 58/62 (M5862) (12)</b>						
1	1463	JOSÉ CARLOS GONÇALVES LEITE		M	1:18:11.456	8:56:53.054
2	1609	VALDECI ALEXANDRE DOS SANTOS		M	1:18:45.192	8:57:32.651
3	1414	ERLON DE ALMEIDA SANTOS		M	1:21:24.112	9:00:16.156
4	1629	Odmar José Milani		M	1:26:53.813	9:05:45.322
5	1612	JOSÉ CARLOS RODRIGUES ROCHA		M	1:27:27.627	9:06:16.018
6	1528	JOSÉ CARLOS TAVARES		M	1:31:43.899	9:10:32.994
7	1427	ANDERSON FERREIRA DE OLIVEIRA		M	1:33:24.251	9:12:14.183
8	1628	Valter de Lima		M	1:33:34.230	9:12:14.859
9	1602	ROBERTO GONÇALVES ROQUE		M	1:33:38.160	9:12:27.697
10	1515	LUÍS CAROLI		M	1:41:22.657	9:20:03.714
11	1418	LENIVALDO FARIAS DA SILVA		M	1:52:22.787	9:31:14.883
12	1620	RICARDO ANDRADE		M	2:17:25.855	9:56:19.205

Pos.	Numeral	Nome completo	Clube	Sexo	Tempo	Hora da Chegada
<b>MASC 63/67 (M6367) (7)</b>						
1	1467	VIVALDO MANOEL DE SOUZA		M	1:20:08.193	8:58:54.284
2	1595	JOAO JOAO GONÇALVES DAS NEVES		M	1:25:52.717	9:04:37.848
3	1580	JOEL LISBOA		M	1:28:06.479	9:06:59.457
4	1465	JOSÉ VICENTE DE OLIVEIRA		M	1:31:16.549	9:10:03.222
5	1502	JOSÉ BENEDITO DE CASTILHO		M	1:31:30.869	9:10:23.764
6	1511	JORCY ANTUNES		M	1:35:34.999	9:14:27.245
7	1594	BELO SILVA		M	1:49:39.156	9:28:27.887
<b>MASC 68/72 (M6872) (5)</b>						
1	1415	LÍDIO PINTO DE ALMEIDA		M	1:31:52.317	9:10:32.572
2	1428	PEDRO BASILIO DOS SANTOS		M	1:41:17.388	9:20:08.665
3	1523	PAULO CESAR FERREIRA RANGEL		M	1:42:01.109	9:21:03.657
4	1487	BRUNO VIEIRA LEITE		M	1:54:43.920	9:33:24.514
5	1624	EDSON HONORATO MARTELA		M	2:22:41.460	10:01:27.061
<b>MASC 73/77 (M7377) (1)</b>						
1	1405	EDSON MASSAO YOKOTE		M	2:05:57.249	9:44:58.685
<b>FEM 23/27 (F2327) (1)</b>						
1	1495	JAQUELINE RODRIGUES MOTTA SANTOS	*	F	1:59:32.125	9:38:27.358
<b>FEM 28/32 (F2832) (3)</b>						
1	1608	JENNIFHER SOARES LACERDA	*	F	1:37:19.879	9:16:06.838
2	1458	NATALIA MACIEL DE SOUZA	*	F	2:07:44.604	9:46:19.605
3	1598	VALÉRIA LIMA GONÇALVES DE JESUS	*	F	2:13:57.479	9:52:54.667
<b>FEM 33/37 (F3337) (7)</b>						
1	1430	JEANIFER ALESSANDRA RIBEIRO DOS SANTOS	*	F	1:35:09.352	9:13:57.387
2	1504	SUELEN DE ASSIS DOMICIANO	*	F	1:38:09.726	9:17:04.958
3	1439	MAYANA AYUMI NAKAHAMA	*	F	1:38:49.057	9:17:35.818
4	1500	DANIELA DOMICIANO CASTILHO	*	F	1:41:27.165	9:20:19.770
5	1537	PÂMELA DE OLIVEIRA ROSA	*	F	1:54:07.844	9:33:04.602
6	1473	STEFANI APARECIDA RODRIGUES DOS SANTOS	*	F	2:10:42.982	9:49:26.961
7	1509	DANIELLE MARTINS GOMES	*	F	2:24:31.600	10:03:31.717
<b>FEM 38/42 (F 3842) (8)</b>						
1	1453	GABRIELE NOGUEIRA DE MORAIS	*	F	1:36:27.455	9:15:23.594
2	1576	GABRIELA DA CONCEIÇÃO AMÂNCIO	*	F	1:39:44.392	9:18:28.917
3	1489	DARINI SILVEIRA	*	F	1:43:43.561	9:22:31.336
4	1426	MAURA MACHADO XAVIER	*	F	1:47:50.284	9:26:35.302
5	1480	SUZANA APARECIDA DIAS	*	F	1:52:11.399	9:30:59.156
6	1452	GABRIELA BRAZ FERREIRA AIRES	*	F	1:59:36.929	9:38:24.735
7	1520	RENATA SOUZA PIRES	*	F	2:27:22.466	10:06:25.168
8	1510	JENIFER FRANCINE DOS ANJOS	*	F	2:33:17.133	10:12:16.231
<b>FEM 43/47 (F4347) (15)</b>						
1	1597	REGINA DE FATIMA DA CUNHA PEREZ	*	F	1:30:51.386	9:10:51.823
2	1535	MICHELE PALMEIRA DA COSTA	*	F	1:32:06.523	9:10:49.841
3	1410	CÍNTIA RODRIGUES DA SILVA DE ANDRADE	*	F	1:34:46.070	9:13:42.172
4	1485	SILVANA SOUZA VASCONCELOS	*	F	1:42:58.177	9:21:41.131
5	1431	FABIANA DA SILVA MONTEIRO	*	F	1:44:08.430	9:22:53.562
6	1477	ADELLI CAROLINI DO PRADO CASTRO	*	F	1:48:29.239	9:27:18.238
7	1506	CAROLINE PEROZINI	*	F	1:52:59.697	9:31:58.825
8	1486	BRUNA FERNANDA DOS SANTOS LEITE PAULO	*	F	1:55:37.145	9:34:18.021
9	1490	LUCIANA FERNANDES DE SOUSA	*	F	1:59:31.593	9:38:27.665
10	1553	CELESTE SANAE SAKURABA TAKAKURA	*	F	1:59:48.693	9:38:51.161
11	1600	RAQUEL FAUSTINO DE SOUZA	*	F	2:04:45.391	9:43:28.943
12	1604	ÍRIS CRISTINE	*	F	2:04:47.437	9:43:31.704
13	1505	AMABILE CECILIA PEREIRA	*	F	2:05:21.441	9:44:20.726
14	1549	GRAZIELE CRISTINA OKAMOTO ALVES	*	F	2:27:25.712	10:06:15.490
15	1531	LUCIANA REGINA BONGANHA VIEIRA	*	F	2:32:42.730	10:11:45.390
<b>FEM 48/52 (F4852) (10)</b>						
1	1621	ERIKA REBELO DOS SANTOS	*	F	1:31:11.068	9:09:53.845
2	1401	GUINEUSA GÓES MACEDO	*	F	1:36:20.250	9:15:09.621

Pos.	Numeral	Nome completo	Clube	Sexo	Tempo	Hora da Chegada
<b>FEM 48/52 (F4852) (continuação)</b>						
3	1435	ROSANA SHEILA DA GLÓRIA MIRANDA	*	F	1:44:28.988	9:23:14.903
4	1464	ELZA DE OLIVEIRA MOREIRA	*	F	1:45:29.770	9:24:19.488
5	1409	ANA MARIA FIORELLI RAMOS VIEIRA	*	F	1:48:39.642	9:27:34.971
6	1584	ERIKA CORRÊA DO NASCIMENTO CURSINL	*	F	1:49:42.899	9:28:40.117
7	1433	JANAÍNA GORETT DE SOUZA	*	F	2:02:04.028	9:40:51.568
8	1507	LUCINEY TELES RODRIGUES	*	F	2:06:25.625	9:45:26.727
9	1582	NICOLLE NOWAKOWSKI	*	F	2:09:24.105	9:48:06.218
10	1534	KÁTIA DE BRITO	*	F	2:23:32.916	10:02:17.319
<b>FEM 53/57 (F5357) (3)</b>						
1	1457	MARIA DE LOURDES NASCIMENTO SILVA	*	F	2:03:21.602	9:42:10.556
2	1400	ANGÉLICA APARECIDA DE ANDRADE	*	F	2:03:34.238	9:42:28.754
3	1521	MARIA DA CONCEIÇÃO NASCIMENTO DE SOUZA	*	F	2:03:49.549	9:42:47.469
<b>FEM 58/62 (F5862) (7)</b>						
1	1438	EDIVIRGEM MORAIS	*	F	1:36:47.394	9:15:32.542
2	1603	ROZENILDE BORGES SOUZA	*	F	1:42:59.835	9:21:43.110
3	1546	REGINA KOBAYASHI	*	F	1:43:24.397	9:22:12.401
4	1532	VERA LÚCIA BENEDITO	*	F	1:58:00.575	9:36:52.994
5	1407	MÁRCIA CABRAL HELENO NOZAKI	*	F	1:59:33.329	9:38:29.084
6	1475	MIRIAN DE CASSIA ROCHA ISAAC	*	F	2:08:13.396	9:46:58.378
7	1619	MARLI FARIAS DIAS	*	F	2:09:54.399	9:48:53.105
<b>FEM 63/67 (F6367) (2)</b>						
1	1589	SONIA NOGUEIRA DOS SANTOS	*	F	1:35:40.810	9:14:25.673
2	1522	ORMIDEA CESAR FERREIRA RANGEL	*	F	2:25:26.798	10:04:25.313
<b>FEM 68/72 (F6872) (2)</b>						
1	1573	MARIA ELISABETE VINEGRE	*	F	2:03:33.372	9:42:15.985
2	1406	IVANI LOPES YOKOTE	*	F	2:59:05.374	10:38:05.248
<b>GERAL MASCULINO DISTÂNCIA LONGA (GERAL MASC DIST. LONGA) (10)</b>						
1	1596	ALAN DE PAULA ALVES		M	58:41.726	8:37:22.863
2	1496	RODRIGO MOREIRA DA SILVA		M	1:01:26.809	8:40:02.375
3	1449	ADAILTON JOSÉ ARAUJO		M	1:02:47.125	8:41:28.547
4	1447	PAULO SERGIO MADALENA		M	1:03:09.250	8:41:47.004
5	1481	JOSÉ ROBERTO FERREIRA DA SILVA		M	1:03:26.545	8:42:07.919
6	1617	LUCAS MOREIRA DOS SANTOS		M	1:03:49.448	8:42:29.852
7	1559	MICHEL RODRIGO DAS CHAGAS ALVES		M	1:03:59.056	8:42:40.112
8	1434	DIEGO FRANCISCO MARCIANO MOREIRA		M	1:04:18.367	8:42:58.890
9	1601	WILLIANS FERNANDO RIBEIRO DA SILVA		M	1:04:29.084	8:43:10.241
10	1446	IVAN IZILDINHO PENA FIRME		M	1:05:52.599	8:44:29.946
<b>GERAL FEMININA DISTÂNCIA LONGA (GERAL FEM DIST. LONGA) (10)</b>						
1	1492	MARIA LUIZA DOS SANTOS	*	F	1:11:07.329	8:49:47.613
2	1456	KÁTIA CAROLINO OLIVEIRA	*	F	1:14:56.018	8:53:36.342
3	1497	VIVIANE SANTOS DE ANDRADE	*	F	1:16:40.826	8:55:20.933
4	1625	Catia de Jesus	*	F	1:19:52.829	8:58:38.931
5	1585	VANUSA DA HORA SILVA	*	F	1:20:11.332	8:58:52.360
6	1483	MARILDA ALVES GONÇALVES PEREIRA	*	F	1:22:32.672	9:01:15.423
7	1402	PRISCILLA DA CRUZ AMARAL	*	F	1:26:42.061	9:05:36.503
8	1499	FERNANDA DA COSTA ROVIDA	*	F	1:30:21.749	9:09:16.422
9	1575	ERONDY ARAÚJO DE LIMA	*	F	1:30:24.816	9:09:08.613
10	1442	LUCIA ELAINE FERREIRA DA SILVA	*	F	1:30:29.134	9:09:14.321